

New Heights Educational Group, Inc.



New Heights Educational Group  
Educational Resources to Help You Reach Your Goals

# Monthly Newsletter

Volume 2 Issue 9

OCTOBER 2014

Monthly Point of Interest

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Time To Laugh

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Food For Thought

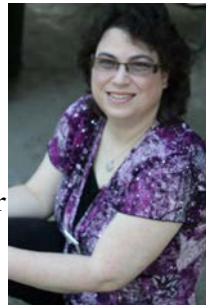
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An Elk Scholarship

=====

What is Bullying?

New Heights Educational Group Inc.



Pamela S. Clark  
Founder / Director  
(419) 786-0247



[www.NewHeightsEducation.org](http://www.NewHeightsEducation.org)

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## Our Mission Statement

The New Heights Educational Group Inc. supports literacy for children and adults by offering a range of educational support services. Such services include assisting families in their selection of schools, organization of educational activities, and acquisition of materials. We promote a healthy learning environment and offer Enrichment programs for families of preschool and school age children, including children with special needs.

New Heights Educational Group, Inc. is a 501(c)(3) educational non-profit organization located in Defiance, Ohio. We provide educational support services beginning 2006 for families in Ohio to bridge the gap from inadequacies in home school, charter school, and public school systems.

"Volunteering is the ultimate exercise in democracy.  
You vote in elections once a year, but when you volunteer,  
you vote every day about the kind of community you want to live in."



Annie Thomas  
Alissa Cornick  
Daniela Silva  
Marina Klimi  
Kathy Woodring  
Julie Suffel  
Savneet Singh  
Vasudha Bist  
Robert Hall  
Daniel Flores  
Robert Kirchgassner  
Amanda Headley  
Christian Law Association  
Lisa Schroder  
Keith Torbet  
Shannon Williamson  
Brittany Brzezinski

*New Volunteers for the Month*

Weiyu Huang  
10/2/14  
Program Developer

Lisa Schroder  
10/2/14  
Proofreading/Editor/Copy  
editing

Faranak Aghdasi  
10/10/14  
Proofreading/ Copy Ed-

Volunteering Counts!

The most important hour of your week may be the one you give away.

Service is the rent we pay for being. It is the very purpose of life, and not something you do in your spare time.

# Welcome!

The New Heights Educational Group welcomes Briana Dincher from Brooklyn, NY who will be hosting her first show November 7, 2014. Ms. Dincher's show will air each Friday from 4:30–5:00 p.m. EST. The live internet show will be called “The New Heights Show on Education” and weekly topics will vary. The November 7 topic will be “Virtual Schools vs. Bricks and Mortar Schools.” Her later shows will explore a wide range of educational topics, including common core standards and state principles. In addition, she will also explore different aspects of mathematics and English language arts.

This is the fourth show started by NHEG in the last year. During that time, we have had over 1,500 listeners. Kathy Woodring's show airs on Sunday nights from 11:00 pm–11:30 pm, which Briana is currently co-hosting. NHEG looks forward to expanding our listening audience, and welcoming a new host with an exciting show.

To learn more, visit our website: [www.NewHeightsEducation.org](http://www.NewHeightsEducation.org)

**Or join her online or call in on November 7, 2014 at:**

<http://www.blogtalkradio.com/newheightseducation2/2014/11/07/virtual-school-vs-brick-mortar>

Call in to speak with the host Briana Dincher (773) 897-6207



*The New Heights Show on Education*

*LIVE Internet radio program*

Join Host Briana Dincher

Friday 4:30 pm - 5:00pm

*As she explores a new topic on education every week*

New Heights



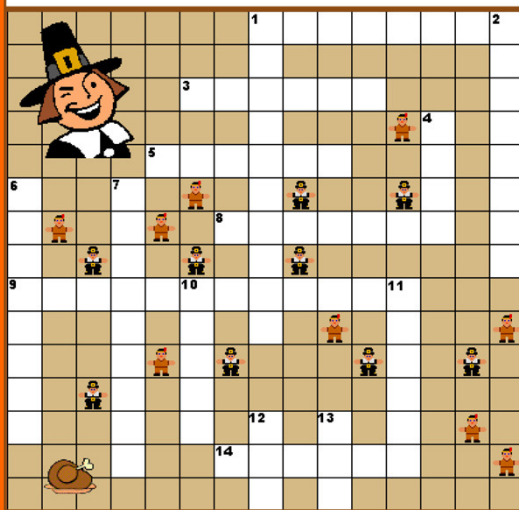
# Kids Page



## Thanksgiving Word Search

R E L A T I V E S T I F S M F  
 P N R E U K S S N C H A O E A  
 X I E F B O B E T I L A A O S  
 O B L Z Y O L T U R K S N T D  
 W R Y G I C E T R E T P U K Y  
 T S E V R A H L K N Y F M L S  
 Y V A R G I M E E N F T I U N  
 S Q U A S H M R Y I W M A R P  
 F A L L P R A S N D A L O B A  
 R M H T N B A G C F A C E K I

## A THANKSGIVING CROSSWORD PUZZLE



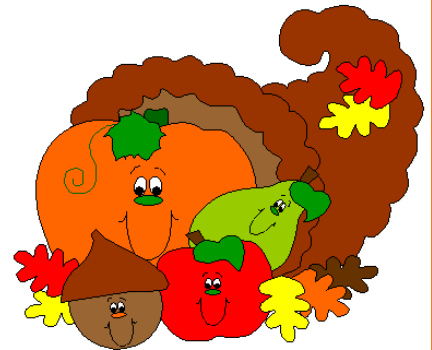
**Across:**

- Who were the first settlers that celebrated Thanksgiving?
- These are the people you eat Thanksgiving dinner with.
- What is the most common main dish for Thanksgiving dinner?
- Who did the pilgrims celebrate Thanksgiving with?
- What big holiday is celebrated in November?
- You watch this on Thanksgiving morning on TV.

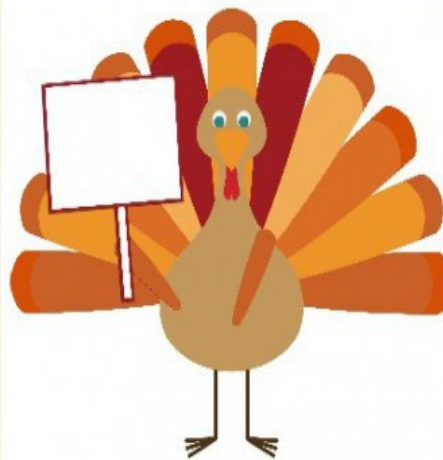
**Down:**

- This pie is orange. Hint - you see a lot of them at Halloween.
- What can you find inside of a Thanksgiving turkey?
- Dads watch this game on TV after Thanksgiving dinner.
- This food is red in color.
- Who is the famous guy who appears at the end of the Thanksgiving parade?
- What does a turkey say?
- What animal loves to beg for some of your turkey dinner?
- What do you do most of on Thanksgiving day?

- cook
- corn
- dinner
- fall
- family
- feast
- food
- gravy
- harvest
- maize
- pilgrims
- pumpkin
- relatives
- settlers
- squash
- stuffing
- thanks
- turkey



Write fall and Thanksgiving words that start with the letters below.



T  
h  
a  
n  
k  
s  
g  
i  
v  
i  
n  
g

### Unscramble the Words

- kyutre: \_\_\_\_\_
- smedah tesoapat: \_\_\_\_\_
- ragyv: \_\_\_\_\_
- ipe: \_\_\_\_\_
- nybecarr: \_\_\_\_\_
- fusitgnf: \_\_\_\_\_



## ON MY MIND

Pamela Clark

OCTOBER 2014

In regards to education, we are on the edge of either destruction of this great nation and true knowledge or becoming something greater than we have ever been. The choice is ours, but it will take hard work. It will take a new view on the word *education* and the machine that has been built.

By dreaming, acting, and educating in not a one-size-fits-all educational system, we can reach a new frontier and enlightened learning. An educational system where the child and family is trained to believe in their gifts and talents and their differences no longer define them, but expose new ways to educate. I would prefer to see people work on their own dreams, rather than the dreams others have made for them. I can't do it for the people, but I can show them how to do it for themselves. They just need to believe not in me, but in themselves. Those minds that dream are the one's that change the world. Shall we begin?



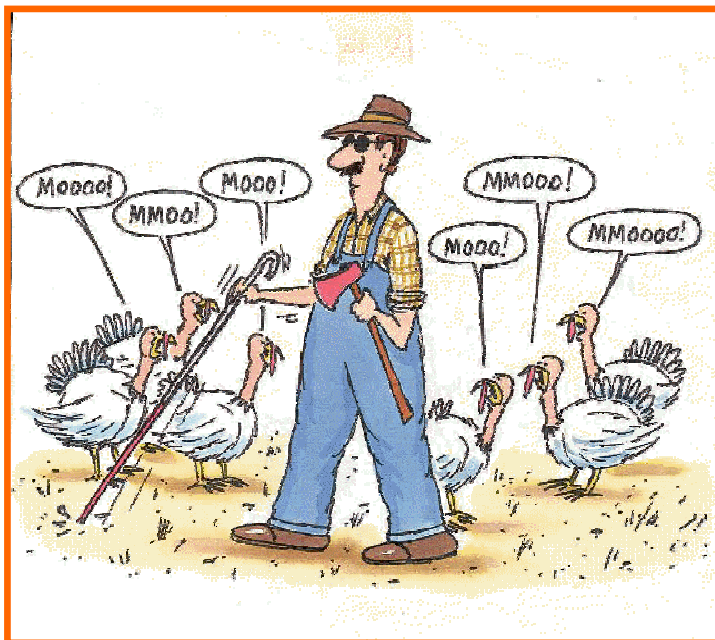
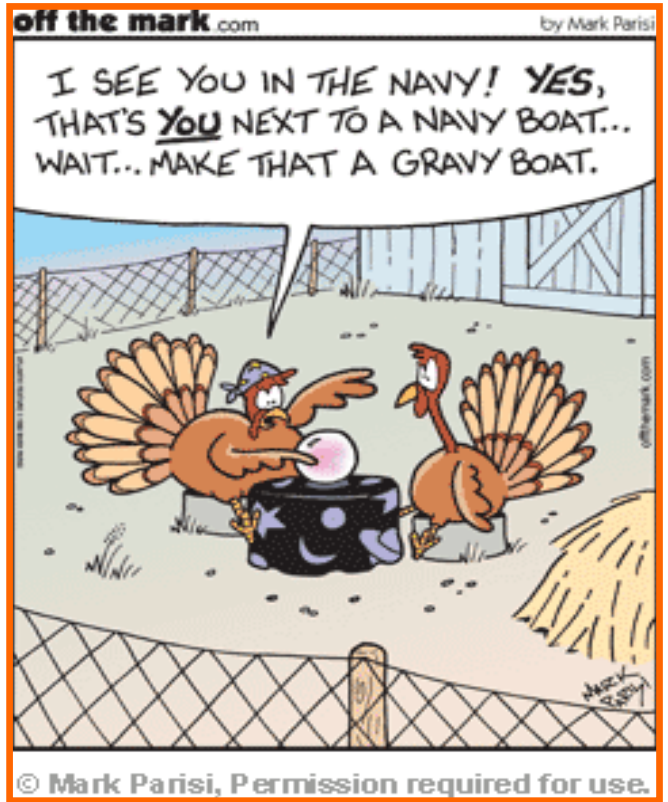
Pictures courtesy of Amanda Headley







Happy Thanksgiving



**What should you wear to Thanksgiving dinner?**

*(A har-vest!)*

**If the Pilgrims were alive today, what would they be most famous for?**

*(Their age!)*

**What do you get if you divide the circumference of a pumpkin by its diameter?**

*(Pumpkin pi!)*



## New Radio Host Needed

We have regular internet radio shows to discuss various educational topics and we are looking for volunteers to host a half-hour radio show on common core and a variety of other topics once a week. We would give the necessary training and the volunteer/host can choose any day of the week. Host does have say on time show airs as long as it doesn't fall during another host's time slot. This show would keep all listeners up to date on anything to do with common core across the nation. Anyone interested

Pease Email us At [NewHeightsEducation@yahoo.com](mailto:NewHeightsEducation@yahoo.com)

or  
Call 419-786-0247 For More info.



## Food for thought:



Wikipedia says that **Education** in its general sense is a form of **learning** in which the **knowledge**, **skills**, and **habits** of a group of people are transferred from one generation to the next through teaching, training, or research. Education often takes place under the guidance of others, but may also be **autodidactic**. Any **experience** that has a formative effect on the way one thinks, feels, or acts may be considered educational. Education is commonly divided into many stages.

It also states that the **right to education** has been recognized by some governments.

They also give an interesting etymology of education. <http://en.wikipedia.org/wiki/Education#Etymology>

## The New Heights Show on Education

LIVE Internet radio program

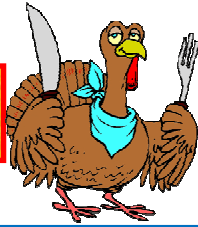
Join Host Kathy Woodring

Sundays 11pm - 11:30pm



*As she explores a new topic on education every week*

# RECIPE



C  
O  
R  
N  
E  
R

## CHEESY CHICKEN CRESCENT ROLL

added by April Alvarez



### Ingredients

- 5 boneless chicken breasts
- 1 c grated mozzarella cheese
- 1 10 ounce can cream of chicken soup
- 1 soup can of milk
- 1 pkg crescent rolls



- Cook time: 30

### Directions

- Min Serves: 4

1. Cook chicken and dice, Mix 1/2 cup mozzarella cheese with the chicken in bowl set aside.
  2. Separate and unroll the crescent rolls and place side by side in a 9 by 13 baking dish. put chicken mixture at one end of roll and roll into a cake roll (like a log).
  3. Heat soup, milk and the remaining cheese in a saucepan. When warm, pour soup mix over the chicken roll. Bake at 350 degrees uncovered for 30 minutes or until brown and bubbly.
- NOTE: you can double recipe and put both loafs in the 9 by13 pan.

### One Bowl Apple Cake -

This cake is so moist and rich and just perfect for this time of year. (and easy to make!)



#### Ingredients:

- 2 eggs
- 1 3/4 cups sugar
- 2 heaping teaspoons cinnamon
- 1/2 cup oil
- 6 medium Gala or Fuji or Honey Crisp apples
- 2 cups flour

#### Directions:

Preheat oven to 350°.

In a large bowl, mix the eggs, sugar, cinnamon and oil. Peel and slice the apples and add to mixture in bowl (coating as you go to keep apples from turning brown.)

Mix together the baking powder and flour and add to the ingredients in the bowl.

Mix well (best with a fork) until all of the flour is absorbed by the wet ingredients.

Pour mixture into a greased one 9x13 or two 9" round pans.

Bake for approximately 55 minutes.



# **Bullying**

By Abhijit Naik

Bullying, one of the most notorious forms of abuse, is typically characterized by intentional use of physical or psychological aggression to enforce one's power on others. While a rare incident may not necessarily amount to bullying, persistent hurtful or threatening behavior definitely does. If the data compiled by the American Medical Association is to be believed, approximately 3.7 million students studying in the 6th - 10th grades engage in bullying, while 3.2 million students are victims of the same every year.



The problem is often considered a form of child abuse as it is quite common among children and teenagers in schools, but bullying at the workplace is also pretty rampant. In a survey conducted by the Workplace Bullying Institute (WBI), in the United States in 2014, 27 percent of the respondents said that they have been at the receiving end of abusive conduct at work at some point of time in their professional career.

## **Types of Bullying**

Bullying, also referred to as peer abuse or peer harassment, can be broadly categorized into three different types.

**Physical Bullying:** In this particular form of bullying, the victim is repeatedly subjected to physical harm in the form of hitting, kicking, pinching, shouldering, etc. It is one of the most common forms of bullying in schools; especially among boys.

**Psychological Bullying:** The second form of bullying, involves name calling, racist remarks, repeated teasing, etc. Though this is more often restricted to school—among boys as well as girls—it is also observed at the workplace in varying degrees.

**Emotional Bullying:** In this case, the victim is subjected to humiliation, excluded from the group, intimidated with dire consequences, etc. While this form of bullying is quite common at the workplace, wherein a person is bullied repeatedly by his senior colleagues, the same is also seen in teenagers and children.

Yet another prominent form of bullying which has surfaced more recently is cyber bullying, wherein the victim is subjected to hostile behavior on the Internet. As opposed to physical bullying, which is prevalent among boys, cyber bullying is prevalent among girls.

So the cases of bullying range from teasing and deliberate isolation to hitting and sexual harassment. It is very difficult to assess the seriousness of this issue as more than half the cases go unreported. Though the problem is quite common, victims seldom report the same owing to fear or embarrassment.

The effects of bullying range from undermining the victim's confidence level to poor performance at the academic or professional level. In some cases, the problem is severe enough to prompt the victim to quit school or their job, or even attempt suicide. There have been such cases in the past, and history could very well repeat itself, which is exactly why we should work towards the eradication of this evil.

## Who is Briana Dincher

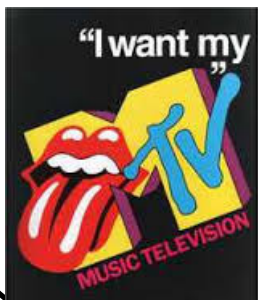
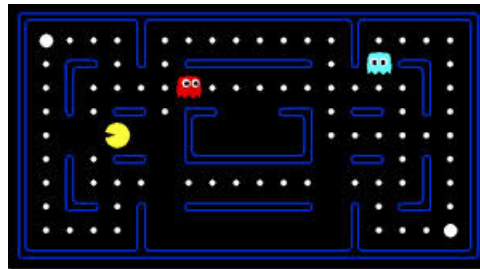


Briana Dincher is a high school student from New York City. She enjoys writing, poetry, reading crime novels, volunteering, and playing badminton. Currently, she is an intern at *Feeling the Vibe Magazine*, where she writes entertainment blogs about music and TV shows. In addition, she works and volunteers as a tutor for students in grades K–12, teaching mathematics and essay writing. Briana enjoys learning French and hopes to travel to France next summer to practice via verbal communication. This is her first year with *New Heights Educational Group* as a volunteer Internet radio host, and she is excited to try out her skills in radio broadcasting. In the future, she hopes to study journalism and business in college.

## Do You Remember 1980?

### THE SONGS

1. *Don't Stop Believin': Journey*
2. *You Shook Me All Night Long: AC/DC*
3. *Sweet Child O' Mine: Guns N' Roses*
4. *Rock Me Amadeus: Falco*
5. *Start Me Up: Rolling Stones*
6. *Jack & Diane: John Mellencamp*
7. *Where Is My Mind: Pixies*
8. *Should I Stay Or Should I Go: The Clash*
9. *Under Pressure: Queen & David Bowie*
10. *Like A Prayer: Madonna*



Where's the Beef?

# Friday and Saturday Fun Days

Families, teachers/tutors, and volunteers,

Defiance Ohio - The New Heights Educational Group is kicking off another year of enrichment classes for area youth on Friday and Saturday titled "Friday and Saturday Fun Days."

The Zion Lutheran Church of Defiance is generously donating space on Friday afternoons from 1 - 2:15 pm for pre-k to age 6 and Saturday from 11am - 3pm for students aged 7 – high school.

Friday classes will include music circle, arts and crafts, reading time, gym, and more. Saturday classes will include biweekly culinary classes, weekly computer science/gaming, animal science, Native American history and much more.

These classes are not religious, although religious-based classes can be included if families are interested.

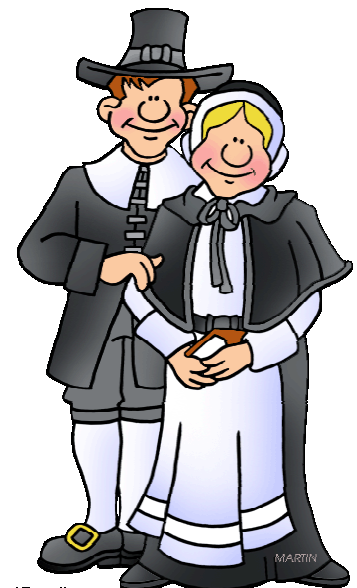
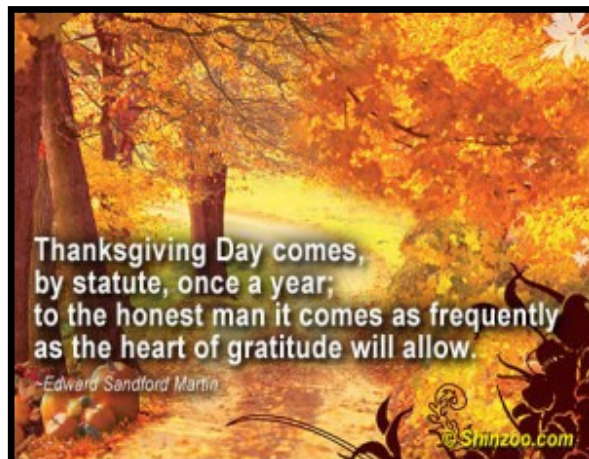
Now is your chance to come forward with suggestions and sign up for these family fun days.

We are also planning to offer similar events in Sherwood, Ohio.

Please RSVP ASAP at [NewHeightsEducation@yahoo.com](mailto:NewHeightsEducation@yahoo.com) or call 419-786-0247. Our website is [www.NewHeightsEducation.org](http://www.NewHeightsEducation.org).



phillipmartin.info



phillipmartin.com





## Elks scholarships:

Several scholarships are available to Elk and non-Elk members and may be found at [scholarship@elks.org](mailto:scholarship@elks.org). The 2015 Most Valuable Student Scholarship and Legacy Awards applications are available now. For now information contact Char Weber at 419-599-7015 or [char.weber@napoleonareaschools.org](mailto:char.weber@napoleonareaschools.org).

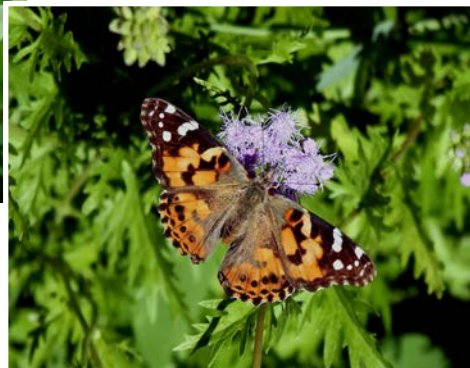
*Thank you!*

*Thank you!*



We would like to say thanks to all families and volunteers that left feedback.

*Thank you!*



Last look at  
Summers  
Beauty

*"Butterflies can't see their wings. They can't see how truly beautiful they are, but everyone else can. People are like that as well."  
-Anonymous*

Pictures of butterflies taken by Becky Baker Nelson

## Developing the potential in children with attention deficit disorder-hyperactivity

Attention-hyperactivity disorder is a neurodevelopmental disorder that has features such as inattention, hyperactivity, and/or impulsivity. For a child to be diagnosed with this disorder, the manifestation of these features in at least two different environments of the life of the child is required—for example, at home, at school, on outings with family and friends, or during travel and other activities.

Parents and educators can observe if the child exhibits the following behaviors:

- Difficulties finishing school tasks or activities
- Constant forgetfulness or loss of personal belongings
- Does not appear to listen to people, as if mentally focused in another place
- Difficulty in organizing materials
- Manifestation of excessive talking, presenting difficulty in waiting her/his turn to speak
- Easily distracted by stimulus



By Daniela Silva

Usually presents a posture in constant motion, such as the habit of leaving her/his place in the classroom when she/he should remain seated

The attention deficit-hyperactivity may fall into one of these three subtypes: *hyperactive-impulsive*, *inattentive type*, or *combined hyperactive-impulsive and inattentive*.

During the school routine, the child can receive individualized support from the educator, through constant observation, in order to meet the child's needs. In addition, the school may refer the child to a class of specialized support wherein pedagogical resources are adapted.

It is essential that family and school work jointly in the child's pedagogical intervention so that everyone involved is working with the same strategies, without the presence of contradictory guidelines.

The education professionals can orient the parents on how to assist the child in the task of homework, as well as in daily routines at home. Often a lack of knowledge or information causes parents to feel insecure in knowing how to assist their child in the best possible way for her/his growth and development.

Here are some tips to assist in the educational work of a child with ADHD/ADD in the school and at home:

- Guide the child with simple and objective rules, staring into her/his eyes at her/his height in order to minimize distractions while guidance is given
- Explain to the child what needs to be done rather than what should not be done in a situation
- When the child performs positive conduct, compliment the behavior by pointing out the positive factors of her/his attitude
- Try to arrange the utensils of the house the same way in order that the child can find them without difficulty
- Develop, along with the child, a system for writing on a chart daily activities, including times for waking up, taking a bath, having breakfast, going to school, doing homework, and playing outdoors, among others
- In the school environment, it is necessary that the teacher acts as a facilitator in the learning process of the student, creating a positive atmosphere for the child, and building relationships with those families that share this need.
- Have patience and goodwill with this student, keeping in mind that like any other child, this student has her/his own time for learning and development
- Establish a teaching routine along with the child and annex it with the class in order that this student can be guided with more confidence and autonomy
- Put in the child's schedule some important messages to be read by parents in order that they can closely participate in the development of the child.
- Use audiovisual resources to better explain the contents of learning in the classroom to the child

Children with learning difficulties have a different way of conceiving the learning, but are fully capable of developing skills and capabilities. The key point is the adaptation of the pedagogical planning and the teaching strategies, which must be in accordance with the individual needs of the student. The joint support of student, parents, and educators is essential in order to perform effective and complementary work that aims to improve the competencies and potential that each child has.



## Are you a **STUDENT LEADER?**

### **S**tudent Leadership Opportunities

Dear families with students ages 7 and up,

We are planning student advisory and student leadership council meeting(s). If you have a student age 7 through high-school, and they would like to be part of student led activities/opportunities council, please contact us for more information.

Fun Day/ Enrichment Class - Saturday November 1, 2014 at 2:00 pm at Zion Lutheran Church

Contact us if interested in participating or if you would like to learn more you can visit our site.

<http://www.newheightseducation.org/student-advisory-group.html>

<http://www.newheightseducation.org/new--student-leadership-council-new-heights-educational-group.html>



We wish to thank God for blessing  
us with friends like you.  
Let's Thank the Lord together,  
with a true heart.  
Happy Thanksgiving to you...